

VJK KB Diksmuide 26: Session: 5: COACH evaluation sheet for TEAM: AZK

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Claessens Matthias

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 53: 100M BUTTERFLY MEN 11-12					Heat:2, starttime: 09:20
Heat: 2/9 Lane : 2 Athlete: JOOSEN CIS					Q-time: 01:35:21
PB (25m pool): 01:35.21 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:37.35 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.25		01:35.21	
	00:47.25		00:47.96		
					

Coach feedback:

Event number: 54: 100M BUTTERFLY WOMEN 11-12					Heat:7, starttime: 09:48
Heat: 7/10 Lane : 7 Athlete: CLAESSENS MARIE					Q-time: 01:23:71
PB (25m pool): 01:23.71 Sportoase De Watermolen 21/07/2026 PB (50m pool): 01:39.72 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.05		01:23.71	
	00:38.05		00:45.66		
					

Coach feedback:

Event number: 59: 100M FREESTYLE MEN 11-12					Heat:6, starttime: 10:44
Heat: 6/10 Lane : 7 Athlete: JOOSEN CIS					Q-time: 01:09:51
PB (25m pool): 01:09.51 Mol 04/10/2026 PB (50m pool): 01:11.56 SB: 01:09.51 Mol 04/10/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.65		01:09.51	
	00:34.65		00:34.86		
					

Coach feedback:

VJK KB Diksmuide 26: Session: 5: COACH evaluation sheet for TEAM: AZK

Event number: 60: 100M FREESTYLE WOMEN 11-12				Heat:3, starttime: 10:56	
Heat: 3/10 Lane : 2 Athlete: CLAESSENS MARIE				Q-time: 01:11:98	
PB (25m pool): 01:11.98 Mol 04/10/2026				PB (50m pool): 01:15.66 SB: 01:11.98 Mol 04/10/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.41		01:11.98	
	00:35.41		00:36.57		
					

Coach feedback:

Event number: 64: 100M MEDLEY WOMEN 15-16				Heat:3, starttime: 11:56	
Heat: 3/5 Lane : 4 Athlete: LUYTEN JULIE				Q-time: 01:06:36	
PB (25m pool): 01:06.36 Mol 04/10/2026				PB (50m pool): no time SB: 01:06.36 Mol 04/10/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.44		01:06.36	
	00:31.44		00:34.92		
					

Coach feedback: